

Beat: News

## Anger Ruins People

### Learn To Love The Wisdom Of Peace

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**USPA NEWS** - "An angry man stirreth up strife, and a furious man aboundeth in transgression. Proverbs 29:22"

Anger ruins men. Angry men are foolish and dangerous. It is a curse on their lives. Anger causes them to fight and to sin in many different ways. Anger is blinding and destructive.

An angry man cannot ignore offences (Pr 19:11). He reacts without thinking, which leads to fights (Pr 15:18). There is little peace to those around him, because he has either blown up recently or is likely to blow up soon. He reacts without thinking and says and does sinful things in the devilish heat of his foolish passion. Angry men are fools (Pr 14:29).

An angry man will lose his wife, children, and reputation. An angry man has little self-control, like an infant or a defenseless city (Pr 25:28; I Cor 3:1-3). His children wait for the day they can leave home to find the peace and security he never gave them. Of course, angry men are too stupid to figure this out until it is too late. Their children will not give many warnings, for they fear his wrath and blows. They nod and submit, despising their father in their hearts, until they leave and have a pleasant life without fear.

Are you an angry man? Do you speak impulsively? Do you strike impulsively? Do you yell at your wife or children? Do you say harsh things that others question or condemn? Do others crave your presence? Are you known as a gracious or a difficult man? Do your wife and children tell you all they are thinking? Do you rule by intimidation or affection? Does your wife stay with you because she has to or wants to? Do your wife and children ever steer clear of you due to fear of your foul mood? Ask again, are you an angry man?

Anger has no virtue, except for those rare and holy occasions when righteous indignation erupts legitimately against ungodliness. Not all anger is sin, but the vast majority of anger is sin (Eph 4:26). And the horrible passions of most anger give room for the devil in your life (Eph 4:27). The God of the Bible, Who is holy in all His ways, is angry and furious against His enemies (Ps 7:11; Nah 1:2-6). He burns in hot wrath against sin (Rev 19:15). The very meek Moses became angry (Ex 32:19). And even Jesus was angry (Mark 3:5).

However, anger without a just cause breaks the sixth commandment "Thou shalt not kill" (Mat 5:21-22). It does not matter you could not stop your anger; many murderers have tried the same excuse. It does not matter that you have a temperament prone to quick wrath "you are a weak man. Grow up! Stop being a child that throws temper tantrums! Get strong and rule your spirit (Pr 14:29; 16:32; Jas 1:19-20). "Wrath is cruel, and anger is outrageous" (Pr 27:4). Learn to love the wisdom of peace (Jas 3:14-18).

The proverb teaches, "An angry man stirreth up strife." Anger causes fighting (Pr 15:18). A soft answer turns away wrath, but grievous words stir up anger (Pr 15:1). The angry man does not think before speaking or reacting, so he provokes anger and fighting from others where a conflict could have ended. Solomon's son Rehoboam answered Israel harshly and lost ten of twelve tribes, for he provoked them by his foolish conduct. It is impossible to fight with a pillow, and the man who defers his anger is a holy pillow.

The proverb teaches, "A furious man aboundeth in transgression." Speaking or acting impulsively leads to sin. Angry men are too confused and enraged to examine their words or actions by wisdom. Let the fear of losing your wife, children, and reputation teach you the precious value of kindness, mercy, and patience. It is a glorious man that can defer anger (Pr 19:11). It is a great man that can rule his spirit (Pr 14:29; 16:32).

God has commanded you to reject all bitterness, wrath, anger, and malice (Eph 4:31). These sins are totally unacceptable to the blessed God and the Christian religion. They will lead to fighting, strife, and other sins that have no right in your life. In their place you are to be kind, tenderhearted, and forgiving of others. And what is the motive and standard for this unnatural behavior? God's treatment of you in Christ Jesus (Eph 4:32)!

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